

4Ws MHPSS activity codes and subcodes: Identifying corresponding MHPSS MSP Activities

Existing information from 4Ws MHPSS mapping can help in completing the MSP Gap Analysis Tool. The table below (Table 1) lists 4Ws activity codes and subcodes with their corresponding MSP activities.

The following provides more information regarding matching 4Ws and MSP activity categories:

- The 4Ws activity is **not included** in the MHPSS MSP (Column C: N/A).
- The 4Ws activity **matches** with a specific MSP activity (Column C will have the title of the corresponding MSP activity).
- The 4Ws activity **does not completely match** with a specific MSP activity and more information is needed for the gap analysis (Column C will have the title of the corresponding MSP activity. The Notes section expands on how this category can be used - e.g. to what extent the corresponding MSP activity is more specific or more broad than the 4Ws activity)
- A **4Ws activity** for the specific MSP activity **does not exist**. Additional information would need to be gathered for the MSP gap analysis for the following:
 - 1.1. Coordinate MHPSS within and across sectors
 - 3.11 Provide MHPSS as part of clinical care for survivors of sexual violence and intimate partner violence
 - Section 4. Activities and considerations for specific settings

Table 1.

4Ws MHPSS activity codes and subcodes - MHPSS MSP Activities						
	Column A: MHPSS activity code (4Ws)		Column B: Examples of interventions with subcodes.		Column C: Corresponding MHPSS MSP Activities	Notes
Item linked Community-focus ed (targeted at communities or segments of communities)	1 .	Disseminating information to the community at large	1.1	Information on the current situation, relief efforts or available services in general	N/A	
			1.2	Raising awareness on mental health and psychosocial support (e.g., messages on positive coping or on available mental health services and psychosocial supports)	Disseminate key messages to promote mental health and psychosocial well-being	
			1.3	Other (describe in column C of the data entry sheet)		
	2 . .	Facilitating conditions for community mobilisation, community organisation, community ownership or community control over emergency relief in general	2.1	Support for emergency relief that is initiated by the community	N/A	
			2.2	Support for communal spaces/meetings to discuss, problem-solve and plan action by community members to respond to the emergency	N/A	
			2.3	Other (describe in column C of the data entry sheet)		
3 .	Strengthening community and family support	3.1	Support for social support activities that are initiated by the community	Promote community-led MHPSS activities		

		3.2	Strengthening parenting/family supports	Support caregivers to promote the mental health and psychosocial well-being of children	The MSP activity more specifically refers to orientation/ skills training to caregivers on self-care, child development, positive caregiving, and supporting children in distress.
		3.3	Facilitation of community supports to vulnerable people	Promote community-led MHPSS activities	The MSP activity more specifically refers to supporting pre-existing community led-activities and promoting new community self-help activities (e.g. support networks, discussion groups), which provide an opportunity to include and support at-risk groups.
		3.4	Structured social activities (e.g. group activities)	Promote community-led MHPSS activities	The MSP activity more specifically refers to supporting pre-existing community led-activities and promoting new community self-help activities (e.g. support networks, discussion groups).
		3.5	Structured recreational or creative activities (do not include activities at child-friendly spaces that are covered in 4.1)	Provide group activities for children's mental health and psychosocial well-being	The MSP activity refers more specifically to "structured group activities" involving a series of facilitated sessions, planned according to a curriculum, with explicit MHPSS goals.
		3.6	Early childhood development (ECD) activities	Provide Early Childhood Development activities	
		3.7	Facilitation of conditions for indigenous traditional, spiritual or religious supports, including communal healing practices	Promote community-led MHPSS activities	The MSP activity more broadly refers to supporting pre-existing community led-activities and promoting new community self-help activities (e.g. support networks, discussion groups),
		3.8	Other (describe in column C of the data entry sheet)		
4	Safe spaces	4.1	Child-friendly spaces	Provide group activities for children's mental health and psychosocial well-being	The MSP activity refers more specifically to "structured group activities" involving a series of facilitated sessions, planned according to a curriculum, with explicit MHPSS goals.
		4.2	Other (describe in column C of the data entry sheet): Safe spaces for women and girls	Provide MHPSS through safe spaces for women and girls	
5	Psychosocial support in education	5.1	Psychosocial support to teachers / other personnel at schools/learning places	Support education personnel to promote the mental health and psychosocial well-being of children	The MSP activity is more broad and includes "promoting the mental health and psychosocial well-being of teachers and other education personnel" as one

					component among others (e.g. supporting the mental health and psychosocial well-being of children in learning spaces, also see 5.2).
		5.2	Psychosocial support to classes/groups of children at schools/learning places	Provide group activities for children's mental health and psychosocial well-being	The MSP activity refers to "structured group activities" involving a series of facilitated sessions, planned according to a curriculum, with explicit MHPSS goals.
				Support education personnel to promote the mental health and psychosocial well-being of children	The MSP activity is more broad and includes "supporting the mental health and psychosocial well-being of children in learning spaces", "building the capacity of teachers and other education personnel to support the mental health and psychosocial well-being of children" among other components (e.g. promoting the mental health and psychosocial well-being of teachers and other education personnel; also see 5.1.)
		5.3	Other (describe in column C of the data entry sheet)		
	Supporting including social/psychosocial considerations in protection, health services, nutrition, food aid, shelter, site planning or water and sanitation	6.1	Orientation of or advocacy with aid workers/agencies on including social/ psychosocial considerations in programming (specify sector in column C of the data entry sheet)	Orient humanitarian actors and community members on MHPSS and advocate for MHPSS considerations and actions	The MSP activity refers more broadly to humanitarian actors as well as community members.
		6.2	Other (describe in column C of the data entry sheet)		
Person-focused (targeted at identified people)	(Person-focused) psychosocial work	7.1	Psychological first aid (PFA)	Orient frontline workers and community leaders in Basic Psychosocial Support Skills	
		7.2	Linking vulnerable individuals/families to resources (e.g., health services, livelihoods assistance, community resources etc.) and following up to see if support is provided.	Provide MHPSS through protection case management services	The MSP activity refers more broadly to providing MHPSS support through case management services, which also includes other components (e.g. training case workers and supervisors on MHPSS).
		7.3	Other (describe in column C of the data entry sheet)		
		8.1	Basic counselling for individuals (specify type in column C of the data entry sheet)	Initiate or strengthen the provision of psychological interventions	The MSP activity refers to evidence based psychological interventions for persons impaired

					by distress or mental health conditions.
		8.2	Basic counselling for groups or families (specify type in column C of the data entry sheet)	Initiate or strengthen the provision of psychological interventions	The MSP activity refers to evidence based psychological interventions for persons impaired by distress or mental health conditions (some of which can be delivered in group format).
		8.3	Interventions for alcohol/substance use problems (specify type in column C of the data entry sheet)	N/A	
		8.4	Psychotherapy (specify type in column C of the data entry sheet)	Initiate or strengthen the provision of psychological interventions	The MSP activity refers to evidence based psychological interventions for persons impaired by distress or mental health conditions (delivered by trained and supervised workers).
		8.5	Individual or group psychological debriefing	N/A	
		8.6	Other (describe in column C of the data entry sheet)		
	Clinical management of mental disorders by nonspecialized health care providers (eg PHC, post-surgery wards)	9.1	Non-pharmacological management of mental disorder by nonspecialized health care providers (where possible specify type of support using categories 7 and 8)	Provide mental health care as part of general health services	The MSP activity is more broad and includes both pharmacological and non-pharmacological management.
		9.2	Pharmacological management of mental disorder by nonspecialized health care providers	Provide mental health care as part of general health services	The MSP activity is more broad and includes both pharmacological and non-pharmacological management.
		9.3	Action by community workers to identify and refer people with mental disorders and to follow-upon them to make sure adherence to clinical treatment	Provide mental health care as part of general health services	The MSP activity includes identification and linking to services by community workers, among other actions on the integration of mental health services in general health care.
		9.4	Other (describe in column C of the data entry sheet)		
	Clinical management of mental disorders by specialized mental health care providers (e.g., psychiatrists, psychiatric nurses and psychologists working at PHC/general health facilities/mental health facilities)	10.1	Non-pharmacological management of mental disorder by specialized mental health care providers (where possible specify type of support using categories 7 and 8)	Protect and care for people in psychiatric hospitals and other institutions	The MSP activity is: more specifically focused on psychiatric hospitals and other institutions; more broad, not only including management of mental disorders but also other actions (e.g. on human rights, basic needs).

		10.2	Pharmacological management of mental disorder by specialized health care	Protect and care for people in psychiatric hospitals and other institutions	The MSP activity is: more specifically focused on psychiatric hospitals and other institutions; more broad, not only including management of mental disorders but also other actions (e.g. on human rights, basic needs).
		10.3	Inpatient mental health care	Protect and care for people in psychiatric hospitals and other institutions	The MSP activity is: more specifically focused on psychiatric hospitals and other institutions; more broad, not only including management of mental disorders but also other actions (e.g. on human rights, basic needs).
		10.4	Other (describe in column C of the data entry sheet)		
General	General activities to support MHPSS	11.1	Situation analyses/assessment	Assess MHPSS Needs and Resources to Guide Programming	
MSP Activities that are part of Essential Components of all MHPSS Programs Please note that the following activities (11.2 to 11.5) should be routinely included in MHPSS programs and are not part of the MSP Gap Analysis Tool					
		11.2	Monitoring/evaluation	Develop and implement an M&E system	.
		11.3	Training / orienting (specify topic in column C of the data entry sheet)	Support MHPSS competencies of staff and volunteers	The MSP activity is focused on competency based training and refers more broadly to competency based training, supervision and support for workers.
		11.4	Technical or clinical supervision	Support MHPSS competencies of staff and volunteers	The MSP activity is focused on competency based supervision and refers more broadly to competency based training, supervision and support for workers.
		11.5	Psychosocial support for aid workers (describe type in column C of the data entry sheet)	Care for staff and volunteers providing MHPSS	The MSP activity is focused on MHPSS staff only and refers more broadly to policies and organizational mechanisms to protect and promote the mental health and psychological well-being of workers.
		11.6	Research	N/A	
		11.7	Other (describe in column C of the data entry sheet)		